



# Metabolic differentiation of diploid and triploid European sea bass juveniles

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**Abstract** The effects of triploidy were studied on indices of growth and metabolism in juvenile European sea bass. Ploidy affected flesh quality of *Dicentrarchus labrax*, as protein and water contents were significantly higher in triploid than in diploid fish and triploid fish exhibited significantly lower lipid content. Compared to  $2n$  fish, triploid fish exhibited 53.4% and 28.6% more DNA and RNA, respectively, 17.2% higher RNA/DNA ratio and 28.7% more protein/DNA ratio. The activities of the aerobic metabolism enzyme CCO and the glycolytic LDH of the muscle tissue were significantly higher in the triploid fish. Nevertheless, the ratio of these two enzymes was lower in the triploids, indicating metabolic difference in the potential for aerobic metabolism. The increased activity of LDH may reflect a potential shift towards anaerobic metabolism required under demanding conditions, for example, during burst swimming, confirming the effects of ploidy on the aerobic swimming capacity of fish. The increased CCO activity of triploids observed in the present work indicates an effect of ploidy on the capacity for aerobic metabolism of triploid fish.

**Keywords** Aquaculture · Metabolism · Triploid · Sea bass · Polyploidy

## Introduction

The nucleic acid content and the concentration of metabolic enzymes are widely used biochemical indices of aerobic and anaerobic metabolism and fish growth. The total DNA of a tissue can reflect the number of cells,

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but is expected to be higher in triploids (Cimino 1974). RNA content may vary according to cell size and tissue growth (Goolish et al. 1984; Mittakos et al. 2012) and can be used as an index of somatic growth rate in diploid and triploid fish (Arndt et al. 1994; Suresh and Sheehan 1998). The ratio of RNA/DNA and protein/DNA can provide some information for the nutritional status and the protein metabolism of growing fish, but these ratios should be used with caution due to the increased DNA content of  $3n$  fish (Suresh and Sheehan 1998).

The aerobic and anaerobic capacity of cells can be reflected on the mitochondrial enzyme activity and on enzymes involved in the anaerobic breakdown of glycogen in fish muscle. Cytochrome c oxidase (CCO) is a mitochondrial enzyme which exhibits higher activity in fast growing fish (Houlihan et al. 1993) and its activity can be used as an indicator of the aerobic metabolism of fish muscle (Goolish and Adelman 1987), whereas the activity of the glycolytic enzyme lactate dehydrogenase (LDH) often correlates well with reliance upon anaerobic glycolysis (Hochachka and Mommsen 1983; Guderley and Gawlicka 1992) and contributes to the thermal modulation of pyruvate metabolism (Somero 1973).

Triploid fish exhibit some physiological and anatomical differences in the size and shape of their cells. The cells and nucleus of triploids are larger in size than those of their diploid counterparts (Benfey 1999; Maxime 2008), but the total volume of some organs may remain unchanged, possibly through the reduction in the number of cells. Ploidy can affect the energy metabolism of growing fish (Gonçalves et al. 2018) and their tolerance to poor water quality (Benfey 1999) indicating reduced tolerance to hypoxic conditions and the aerobic metabolism of triploid fish. Increased size of cells may result in reduced surface-to-volume ratio reduced intracellular diffusion of oxygen and exchange of metabolic molecules. In turn, the aerobic and anaerobic capacity of triploids and diploids may vary, with possible consequences for their metabolic efficiency and growth. For example, triploids may have fewer and larger axial muscle cells and reduced aerobic swimming capacity (Virtanen et al. 1990). Larger muscle cells may be more suited for anaerobic burst swimming and their capacity for anaerobic glycolysis of fish can be reflected on increased activity of LDH (Somero and Childress 1980; Saavedra et al. 2016).

In addition to changes in enzyme activity, other adaptive physiological responses may be employed to enhance oxygen delivery. For example, at low temperatures, oxygen diffusion is impaired and fish respond to this by increasing capillarisation (Egginton and Sidell 1989), which is accompanied by increased mitochondrial enzyme content (Nathanailides 1996) at least partially compensating for limited oxygen diffusion and aerobic metabolism. In fact, at cold temperatures, triploid fish can maintain higher metabolic rates than diploids, but this difference is reversed at warm temperatures, indicating some significant differences between  $2n$  and  $3n$  fish in their capacity for adaptive physiological responses to environmental changes (Atkins and Benfey 2008).

The specific aim of the present work was to investigate differences in the metabolic specialization of diploid and triploid *D. labrax* muscle tissue.

## Materials and methods

### Production of triploids, somatometrics, and ploidy verification

Triploid ( $3n$ ) *D. labrax* were produced by post-fertilization cold shock at 0 °C for 10 min, 5 min after fertilization (Felip et al. 1997). Larvae of the controls and cold-shocked fish were raised in commercial hatchery tanks (1.6 m<sup>3</sup>) in duplicates under natural conditions of temperature and photoperiod used for sea bass fry production.

When the fry reached size above 5 g, 5000 fry of each group were size-graded and evenly splitted in two circular tanks (3 m<sup>3</sup> water in each) creating two replicates for  $2n$  and  $3n$  fish and reared for a period of 6 weeks. The fish were reared under identical conditions and fed with the same formulated feeds.

After a period of 6 weeks, samples of the diploid and triploid fish were taken and body weight, fillet weight, and filleting yield, was measured to the nearest 0.1 g in 10 samples from each experimental tank ( $n = 10$  from each replicate and  $n = 20$  fish in each group).

Daily-specific growth rate was estimated according to the following equation:



$$\text{SGR}\% = (\ln \text{BW}_{t_2}) - (\ln \text{BW}_{t_1}) / \text{days} \times 10.$$

From each replicate, fish were anaesthetised in with 40 mg l<sup>-1</sup> of clove oil (Perdikaris et al. 2010) and blood samples (100–200 µl) from 2*n* to 3*n* fish (*n* = 5 fish from each replicate tank, total *n* = 10 from 3*n* to *n* = 10 from 2*n* fish) were collected from the caudal vein using heparinized syringes and ploidy of the triploid group was confirmed by RBC measurements on blood smears stained with methylene blue-eosine stain. Nuclear width (nW) and length (nL) were measured using an Olympus microscope fitted with a video camera and a computer-assisted image analysis system. The nuclear volume (nV) was calculated according to the ellipsis equation:

$$V_{\text{nucleus}} = 4/3 \times \pi \times (a/2) \times (b/2)^2,$$

where *a* is the nL and *b* is the nW.

Only fish that were confirmed triploids were included in the biochemical analysis (*n* = 6 for triploid and *n* = 10 for diploid).

### Biochemical analyses

The DNA and RNA contents of axial muscle tissue were estimated according to the method of Burness et al. (1999) with some modifications as described by Mittakos et al. (2012). Sample of white epaxial muscle was obtained and DNA was extracted using the phenol–chloroform extraction procedure. Samples were digested overnight with 0.1 mg/ml proteinase K. An equal volume of phenol–chloroformisoamyl alcohol (25:24:1) was added to each digest, and the sample was vortexed and centrifuged for 10 min at 1700*g*. The upper aqueous phase was retained and precipitated with 0.5 volumes of ammonium acetate (7.5 M) and 2 volumes of ethanol (100%) and then centrifuged for 3 min at 1700*g*. The pellet was washed in 70% ethanol and allowed to dry and resuspended in 250 ml of distilled water. DNA purity was assessed at 260/280 nm. Absorbance at 260 nm was used for quantification.

Total RNA was extracted from briefly homogenised tissue in 10 volumes of homogenisation buffer B (4 M guanidin ethiocyanate, 25 mM sodium citrate, 0.5% sarcosyl, and 15 mM mercaptoethanol) with a Polytron tissue homogenizer. The extract was frozen at – 80 °C until analysis. All subsequent procedures were conducted at 0°. The samples were suspended in 1 volume of 2 M sodium acetate (pH 4.0), 10 volumes of buffer-saturated phenol (pH 4.3), and 2 volumes of chloroformisoamyl alcohol solution (49:1) were added to each homogenate and mixed thoroughly between each step. Subsequently, the homogenates were centrifuged for 30 min at 3000*g*. The aqueous phase was retained and mixed with an equal volume of isopropanol and allowed to precipitate at – 20 °C overnight.

For the enzyme assays, muscle tissue samples (*n* = 6 from each group) were homogenated in an ice-cold medium of 150 mM KCl in 5 mM MOPS buffer (pH 7.4), using a motor-driven glass homogenizer tube fitted with a Teflon pestle and kept ice cold. Crude homogenates were used for enzyme assays, because the use of centrifugation, to clarify the homogenate, can result in a significant loss of enzyme activity binding to subcellular particles (Vezina and Guderley 1991). Prior to enzyme assays, homogenates were treated with 0.05% (v/v) Triton X-100 and each sample was mixed and allowed to stand in ice for about 15 min for full activation of cytochrome *c* oxidase (Tyler and Nathanailides 1995).

The enzyme assays were performed in duplicate, at 20 °C. The activity of enzymes is given as µmol/min/mg protein. Cytochrome *c* oxidase (CCO, EC. 1.9.3.1) activity was assayed by following the decrease in absorbance of reduced cytochrome *c* at 550 nm, in a medium containing 0.075 M potassium phosphate buffer pH 6.8, and 0.0025 mM ferrocytochrome *c*. Ferrocytochrome *c* was prepared the day before the assays, in a solution of 1% (w/v) cytochrome *c*, 10 mM potassium phosphate buffer and 0.1 mM EDTA (pH 7.0), by adding 20 mM potassium ascorbate. Potassium ascorbate was removed by dialysis against an ice-cold medium of Pi-EDTA buffer as above, using three changes of buffer, two during the day and one overnight. The dialysed solution of ferrocytochrome *c* prepared in this way contained at least 95% of the total cytochrome *c* in reduced form (Tyler and Nathanailides 1995).



Activity of the glycolytic enzyme lactate dehydrogenase (LDH, EC 1.9.3.1) was assayed in a medium of 50 mM potassium phosphate buffer (pH 7.0) containing 0.15 mM NADH and 0.60 mM sodium pyruvate (Mittakos et al. 2012).

Total fat contents of fillets were measured in six fish from the 3*n* fish and 10 fish from the 2*n* fish according to the Bligh and Dyer (1959) methodology. Fillet moisture content was determined according to the AOAC (1998) method. Protein content was estimated using the Folin–Lowry method (Lowry et al. 1951). Student's *t* test,  $X^2$ , or one-way ANOVA was applied for statistical analyses.

## Results

Triploid fish exhibited increased nuclear size. The mean ratio of nL and nW of 3*n* and 2*n* fish was similar to those reported by Felip et al. (1997) for diploid and triploid sea bass, indicating the successful induction of triploidy in the experimental fish of the present work. The effect of triploidy was magnified when comparing the nuclear volumes due to the bi-dimensional nature of this trait (Table 1).

The proximate composition of fish flesh was significantly affected by ploidy. Protein and water content were significantly higher in triploids than in diploids, but 3*n* fish had lower lipid content (Tables 2 and 6). Growth rate and filleting yield were not affected by ploidy (Table 3).

The nucleic acid content of 3*n* fish was significantly higher compared to 2*n* fish, with 3*n* fish exhibiting about 53% and 28% higher DNA and RNA content, respectively. Compared to triploids, diploids exhibited about 17.2% and 28.7% higher RNA/DNA and protein/DNA ratio, respectively (Table 4).

**Table 1** Verification of triploidy from RBC haemocytological parameters

Nuclear length, width and volume of RBC ( $\mu\text{m}$ )	3 <i>n</i>	2 <i>n</i>	Statistics
nW	5.21 ( $\pm$ 0.11)	4.04 ( $\pm$ 0.02)	<i>t</i> test, $p < 0.001$
nL	7.02 ( $\pm$ 0.04)	4.79 ( $\pm$ 0.07)	<i>t</i> test, $p < 0.001$
nW/nL	0.74 ( $\pm$ 0.01)	0.84 ( $\pm$ 0.01)	$X^2$ , $p < 0.01$
nV ( $\mu\text{m}^3$ )	99.27 ( $\pm$ 4.57)	40.96 ( $\pm$ 0.79)	<i>t</i> test, $p < 0.001$

Ratio of nW (3*n*)/nW(2*n*) = 1.31 ( $\pm$  0.03), ratio of nL(3*n*)/nL(2*n*) = 1.47 ( $\pm$  0.02)

**Table 2** Proximate composition of 3*n* ( $n = 5$ ) and 2*n* ( $n = 10$ ) *D. labrax*, axial muscle tissue

	3 <i>n</i>	2 <i>n</i>	Statistics	% of difference in the 3 <i>n</i> fish, compared to 2 <i>n</i> fish
Fat (%)	2.81 ( $\pm$ 0.23)	3.46 ( $\pm$ 0.47)	<i>t</i> test, $p < 0.05$	– 23.13%
Protein (%)	10.59 ( $\pm$ 0.76)	9.61 ( $\pm$ 0.34)	<i>t</i> test, $p < 0.05$	+ 10.19%
Water (%)	68.81 ( $\pm$ 0.61)	66.87 ( $\pm$ 1.22)	<i>t</i> test, $p < 0.05$	+ 2.90%

The last column indicates the % of increased or decreased values observed in the 3*n* fish

**Table 3** Somatometric parameters of triploid ( $n = ?$ ) and diploid ( $n = ?$ ) *D. labrax* juveniles, after a period of 6 weeks

	3 <i>n</i>		2 <i>n</i>		Statistics
	Tank 1	Tank 2	Tank 1	Tank 2	
Initial BW (g)	5.62 ( $\pm$ 0.76)	5.52 ( $\pm$ 0.35)	5.65 ( $\pm$ 0.45)	5.34 ( $\pm$ 0.30)	ANOVA, $p = 0.30$
Final BW (g)	18.68 ( $\pm$ 0.97)	18.47 ( $\pm$ 1.64)	18.31 ( $\pm$ 1.19)	18.75 (1.86)	ANOVA, $p = 0.32$
SGR (%/day)	2.85	2.87	2.79	2.98	$X^2$ , NS
Filleting yield %	41.50 (1.37)	41.24 (1.17)	41.85 (2.51)	40.77 (1.91)	$X^2$ , NS

BW body weight, FY filleting yield (FY = fillet weight W  $\times$  100/body weight), SGR specific growth rate (SGR = LnBW2 – LnBW1 days<sup>-1</sup>)



**Table 4** Nucleic acid (RNA, DNA) content of triploid ( $n = 6$  fish) and diploid ( $n = 10$ ) *D. labrax* axial muscle tissue

nucleic acid	3n	2n	Statistics	% of difference in the 3n fish, compared to 2n fish
RNA ( $\mu\text{g}^{-1} \text{mg}^{-1}$ tissue)	17.10 ( $\pm 1.98$ )	13.30 ( $\pm 1.19$ )	$t$ test $p < 0.001$	+ 28.6%
DNA ( $\mu\text{g}^{-1} \text{mg}^{-1}$ tissue)	9.36 ( $\pm 0.72$ )	6.10 ( $\pm 0.8$ )	$t$ test $p < 0.001$	+ 53.44%
RNA/DNA	1.83 ( $\pm 0.06$ )	2.21 ( $\pm 0.27$ )	$\chi^2$ $p < 0.05$	– 18.2%
Protein/DNA	1.14 ( $\pm 0.11$ )	1.60 ( $\pm 0.23$ )	$\chi^2$ $p < 0.01$	– 28.7%

The last column indicates the % of increased or decreased values observed in the 3n fish in reference to the 2n fish

**Table 5** Enzyme activities ( $n = 6$  in each group) of cytochrome *c* oxidase (CCO) and lactate dehydrogenase (LDH) from 3n and 2n *D. labrax*, axial muscle tissue

	3n	2n	Statistics
CCO	4.22 ( $\pm 0.12$ )	3.89 ( $\pm 0.13$ )	$t$ test $p < 0.001$
LDH	118.57 ( $\pm 4.44$ )	99.20 ( $\pm 11.16$ )	$t$ test $p < 0.001$
CCO/LDH	0.036 ( $\pm 0.008$ )	0.040 ( $\pm 0.006$ )	$\chi^2$ $p < 0.01$

Enzyme activity for CCO is given in  $\mu\text{moles}$  of ferrocytochrome *c* oxidized  $\text{min}^{-1} \text{mg protein}^{-1}$ , and for LDH as reduction of NADH  $\mu\text{moles min}^{-1} \text{mg protein}^{-1}$ . Differences assessed by Student's  $t$  test ( $*p < 0.001$ ). Data were arc-sin transformed prior to statistical analysis. Numbers in parentheses indicate standard deviation

The activities of the aerobic metabolism enzyme CCO and the glycolytic LDH of muscle tissue were significantly higher in the 3n fish. Nevertheless, the ratio of these two enzymes was lower in the 3n fish, indicating metabolic difference in the potential for aerobic metabolism in the 3n fish (Table 5).

## Discussion

There was no significant difference in the growth rate of the two groups. This is in agreement with previously published data which indicate that, under culture conditions, diploids and triploids may exhibit similar growth during the first year of their life (Felip et al. 1999). In fact, the maximum triploidy benefits are expected at least after the onset of the sexual maturation and particularly if larger fish are cultured (e.g.,  $> 1$  kg) as in rainbow trout (Felip et al. 2001, 2009).

Ploidy had no effect on filleting yield. In other words, the total skeletal muscle tissue content was not affected by ploidy. Interestingly, ploidy affected the proximate composition of fish flesh. The main effect of ploidy was on the increased protein (10% higher) and decreased fat (23% less) of triploid fish. Differences in the protein content between 2n and 3n fish indicate significant differences in the myofibrillar proteins (myosin, troponin, and tropomyosin). Increased muscle protein and reduced fat in the 3n fish reflects increased total myofiber content of 3n fillets, but provide no information on the effect of ploidy on the growth dynamics, size, and number of individual muscle cells which constitute the axial musculature. The nucleic acid content of skeletal muscle tissue can provide some information for the effects of ploidy on muscle growth. The ratio of RNA/DNA and protein/DNA can be used as indicators of skeletal muscle growth dynamics (Cheek et al. 1971). DNA content reflects the number of cells and RNA the size. Increased DNA content exhibited in the present work by the triploid fish reflected the expected increased DNA content (about 1.5 times more) of 3n fish compared to 2n. RNA/DNA was about 17.2% less in the 3n fish. Apparently, increased DNA content of 3n fish is not resulting in elevated RNA levels (Schmidtke et al. 1976). There is some evidence to suggest that RNA levels are governed by compensatory regulatory mechanism which can reduce transcript levels with cellular RNA governed by genetic regulatory mechanisms (Pala et al. 2008, Swartz 2016). Under conditions of similar RNA degradation rates, differences in the RNA/DNA indicate different protein synthetic capacity of cells, whereas differences in protein/DNA ratios can reflect differences in cell size/growth (Schmidtke et al. 1976). The raised ratio of protein/DNA in the 2n fish (28.7% higher) can be partially explained by the raised DNA content of 3n fish (about 53% higher), which was paralleled by a much smaller increase (about 28.6%) in



RNA content. In conclusion, differences in the ratio of RNA/DNA reflect the effects of ploidy on DNA content as well differences in myofibril number and size between the two groups. Assuming that RNA levels are governed by compensatory regulatory mechanism in the  $3n$  fish (Pala et al. 2008, Swartz 2016), the increased RNA content of triploid sea bass provides indirect evidence of muscle hypertrophy in this group with larger cells requiring more RNA (Schmidtke et al. 1976).

In addition to ploidy effects on the nucleic acid content, evidence of ploidy effects on skeletal muscle metabolism was observed in enzyme activities assayed in the present work. Differences in the activity of CCO and LDH indicate differences in the capacity for aerobic and anaerobic metabolism, respectively (Childress and Somero 1979). The activities of CCO and LDH of  $2n$  and  $3n$  fish indicate metabolic specialization differences between the two groups, which may offer some advantages under certain conditions to one of the two groups. For example, the increased activity of LDH may reflect a potential shift towards anaerobic metabolism required under demanding conditions, for example, during burst swimming with higher capacity for anaerobic swimming of triploid fish, but this advantage can be associated with negative consequences on the sustained routine swimming speeds (Virtanen et al. 1990; Marras et al. 2013). Furthermore, summer high water temperatures, coupled with reduced dissolved oxygen levels, conditions which are expected to worsen by the on-going climate change, may create unfavourable conditions for triploids in the summer. This potential seasonal disadvantage of  $3n$  sea bass may be reversed during winter time. The increased CCO activity of  $3n$  fish observed in the present work is in agreement with the reported effects of ploidy on the capacity for cold acclimation of triploid fish (Atkins and Benfey 2008). Increased mitochondrial enzyme content is considered a frequently observed physiological compensatory response of fish cells, responding to limited oxygen diffusion and reaction rates at cold temperatures (Nathanailides et al. 1996). In conclusion, ploidy affected nucleic acid, enzyme content, and proximate composition in *D. labrax* (Table 6).

The results of the present work indicate significant differences in metabolic specialization of  $2n$  and  $3n$  *D. labrax* skeletal muscle. The European sea bass is widely cultivated at floating sea cages and fish are exposed to challenging winter lows and summer high temperatures. At temperatures below 11 °C, the mitochondrial enzyme content, feeding, and growth of sea bass is reduced and it became lethargic (Trigari et al. 1992; Nathanailides et al. 2010). It would be interesting to investigate the potential ploidy effect on the capacity for thermal acclimation at low winter and high summer seasonal temperatures during the entire production cycle of Mari-cultured European sea bass.

**Table 6** Differences (%) in the biochemical parameters of triploid fish compared to diploids

Biochemical parameter	% of increase (+)/ decrease(–) in the $3n$ fish Numbers in parenthesis indicate the magnitude of difference
RNA ( $\mu\text{g}^{-1} \text{mg}^{-1}$ tissue)	+ 28.57% ( $\times 1.3$ )
DNA ( $\mu\text{g}^{-1} \text{mg}^{-1}$ tissue)	+ 53.44 ( $\times 1.5$ )
RNA/DNA	– 18.2 ( $\times 0.8$ )
Protein/DNA	– 28.75 ( $\times 0.7$ )
Fat (%)	– 23.13 ( $\times 0.7$ )
Protein (%)	+ 10.19 ( $\times 0.9$ )
Water (%)	+ 2.90 ( $\times 1.0$ )
CCO	+ 7.82
LDH	+ 16.33
CCO/LDH	– 11.11



### Compliance with ethical standards

**Ethical approval** All animal procedures were in strict accordance to the fish welfare recommendations of the Faculty of Veterinary Medicine, University of Thessaly.

**Conflict of interest** There is no conflict of interest between authors in the publication of this paper.

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